


# August 2022

## Breakfast menu

SUN	MON	TUES	WED	THUR	FRI	SAT
Every Morning: Oatmeal, Cheerios Raisin Bran, Bran Flakes, Special K, Shredded Wheat						
	<b>1</b> French Toast Meat (L)	<b>2</b> Cereal Eggs Toast Meat (B)	<b>3</b> Pastries Eggs Toast Meat (P)	<b>4</b> Cereal Eggs Toast Meat (B) Biscuits & Gravy	<b>5</b> Cereal Eggs Toast Meat (L)	<b>6</b> Cereal Eggs Toast Meat (B)
<b>7</b> Cereal Eggs Toast Meat (P)	<b>8</b> Pancakes Meat (B)	<b>9</b> Cereal Eggs Toast Meat (L)	<b>10</b> Pastries Eggs Toast Meat (B)	<b>11</b> Cereal Eggs Toast Meat (P) Biscuits & Gravy	<b>12</b> Cereal Eggs Toast Meat (B)	<b>13</b> Cereal Eggs Toast Meat (L)
<b>14</b> Cereal Eggs Toast Meat (B)	<b>15</b> French Toast Meat (P)	<b>16</b> Cereal Eggs Toast Meat (B)	<b>17</b> Pastries Eggs Toast Meat (L)	<b>18</b> Cereal Eggs Toast Meat (B) Biscuits & Gravy	<b>19</b> Cereal Eggs Toast Meat (P)	<b>20</b> Cereal Eggs Toast Meat (B)
<b>21</b> Cereal Eggs Toast Meat (L)	<b>22</b> Pancakes Meat (B)	<b>23</b> Cereal Eggs Toast Meat (P)	<b>24</b> Pastries Eggs Toast Meat (B)	<b>25</b> Cereal Eggs Toast Meat (L) Biscuits & Gravy	<b>26</b> Cereal Eggs Toast Meat (B)	<b>27</b> Cereal Eggs Toast Meat (P)
<b>28</b> Cereal Eggs Toast Meat (B)	<b>29</b> French Toast Meat (L)	<b>30</b> Cereal Eggs Toast Meat (B)	<b>31</b> Pastries Eggs Toast Meat (P)			Meat B— Bacon L— Sausage Link P— Sausage Patty

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# Lunch/Supper *Menu*

SUN	MON	TUES	WED	THUR	FRI	SAT	
		<b>Substitutions by:</b> 10:00 for Noon Meal 3:00 for Supper Meal Chef Salad Hamburger Meat/Chz Sandwich Fried Egg Sandwich Baked Potato					
	<b>1 Spaghetti</b> Chicken & Rice Soup Beef Salad Sandwich	<b>2 Sour Cream Chicken</b> Potato Soup Ham & Swiss Sandwich	<b>3 Philly Steak Sandwich</b> Beef Vegetable Soup Mexican Casserole	<b>4 Chicken Fried Steak</b> Corn Chowder Cold Cut Sandwich	<b>5 Salmon</b> Chicken Noodle Soup Hamburger Steak Mac & Cheese	<b>6 Baked Potato Bar</b> Chili & Cinnamon Rolls	
<b>7 Baked Ham</b> Cream of Broccoli Chicken Salad Sandwich	<b>8 Chimichanga</b> Tomato Soup Grilled Cheese	<b>9 Beef &amp; Noodles</b> Corn Chowder Tater Tot Casserole	<b>10 Crispy Chicken Sandwich</b> Beef & Noodle Soup Cold Cut Sandwich	<b>11 Meat Loaf</b> Potato Soup Roast Beef Melt	<b>12 Shrimp</b> Ham & Bean Soup Chili Dogs	<b>13 Bacon Cheese Burger</b> Cream of Broccoli Chicken Cordon Bleu	
<b>14 Roast Beef Dinner or Hot Beef Sandwich</b> Minestrone Soup Beef Salad Sandwich	<b>15 Chicken Alfredo</b> Corn Chowder Hamburger with Chips	<b>16 BLT</b> Beef & Rice Soup Cold Cut Sandwich	<b>17 Pizza &amp; Wings</b> Potato Soup Lasagna & Garlic Bread	<b>18 Steak</b> Cream of Broccoli Soup Pancake with Sausage	<b>19 Fish Fry</b> Chicken Noodle Soup Ham & Swiss Sandwich	<b>20 Tater Tot Casserole</b> Chili & Cinnamon Rolls	
<b>21 Chicken Dinner</b> Beef & Barley Soup	<b>22 Beef &amp; Rice</b> Potato Soup Chicken Strips & Biscuits	<b>23 Indian Taco</b> Minestrone Soup BLT	<b>24 French Dip</b> Chicken & Rice Hamburger Steak Mac & Cheese	<b>25 Meat Loaf</b> Tomato Soup Grilled Cheese	<b>26 Breaded Cod</b> Cream of Broccoli Soup Cold Cut Sandwich	<b>27 Swiss Mushroom Burger</b> Potato Soup Mexican Casserole	
<b>28 Roast Beef Dinner or Hot Beef Sandwich</b> Corn Chowder Fried Egg Sandwich	<b>29 Pork Chops</b> Vegetable Beef Soup Beef Gravy Over Toast	<b>30 Shepherd's Pie</b> Tomato Soup & Grilled Cheese	<b>31 Patty Melt</b> Potato Soup Cold Cut Sandwich				